



Evaluation of Addiction Medicine Intensive Outpatient/ Partial Hospitalization Program (AMIOP/PHP) at Fort Bliss, TX

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PURPOSE

- ❖ Evaluate the effectiveness of AMIOP at meeting the intended treatment and program outcomes for William Beaumont Army Medical Center (WBAMC).
- ❖ At WBAMC in Fort Bliss Texas, the first AMIOP program was introduced in July 2017.
- ❖ AMIOPs are designed to bridge the gap between Residential Treatment Facilities (RTF) and outpatient care provided at Substance Abuse Disorder Clinical Care (SUDCC).

DESIGN

- ❖ A retrospective chart review of 76 charts purposely selected from 131 of charts.
- ❖ The charts were a sampling of patients enrolled in the Fort Bliss AMIOP between the dates of August 2017 to August 2018
- ❖ Chart review was used to determine the program effectiveness of a 6 week AMIOP program compared with RTF treatment.

DEMOGRAPHICS

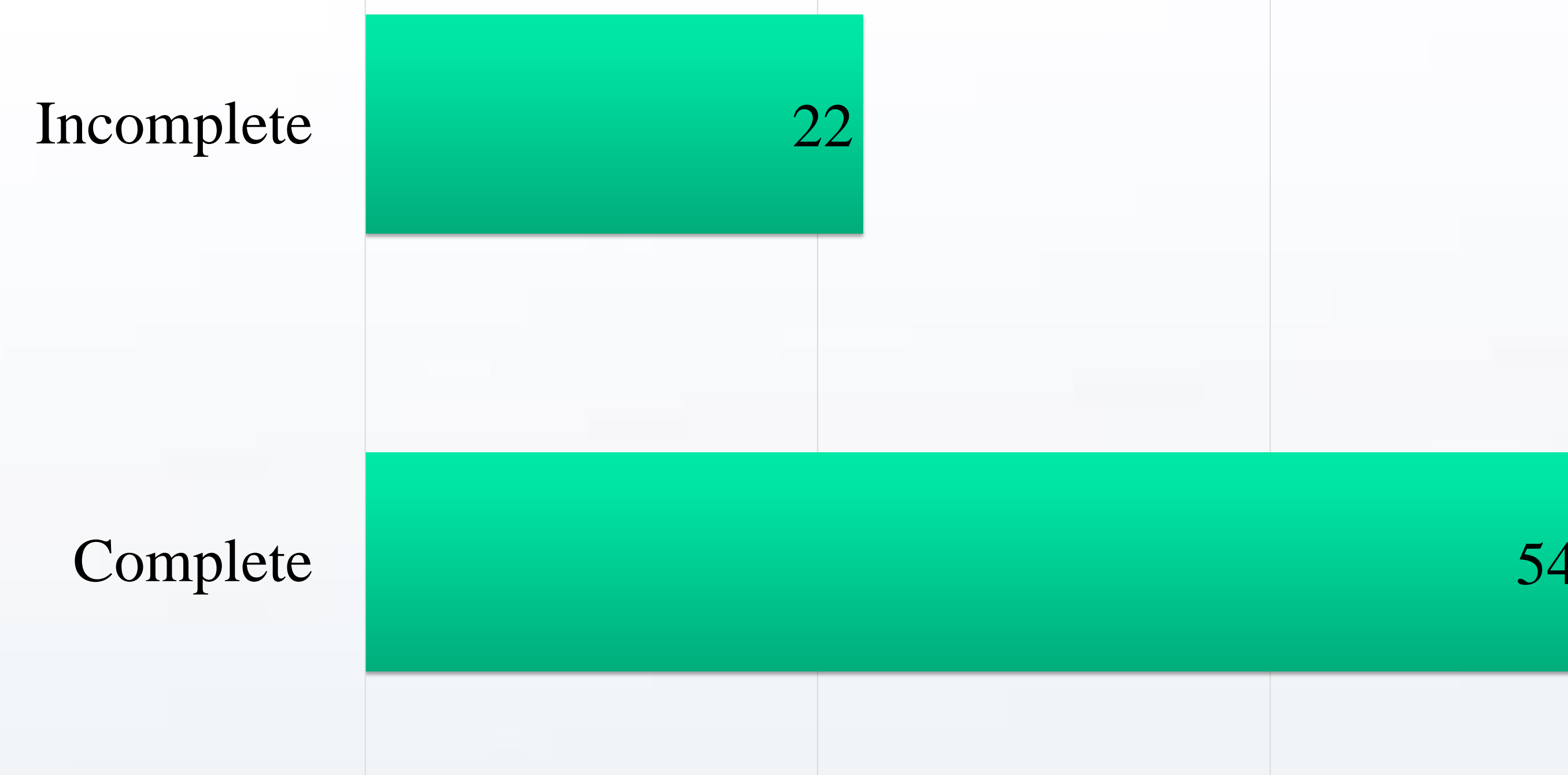
| AGE | MARITAL STATUS | ETHNICITY | | |
|----------|----------------|-----------|-----|----------|
| 18-24 | 35% | CAU | 53% | |
| 25-31 | 31% | SINGLE | 44% | AA 14% |
| 32-38 | 20% | MARRIED | 42% | HIS 22% |
| 37-43 | 13% | DIVORCE | 8% | ASIAN 2% |
| 44- OVER | 1% | SEPERATED | 7% | NAT 3% |
| | | | | OTHER 6% |

METHODOLOGY

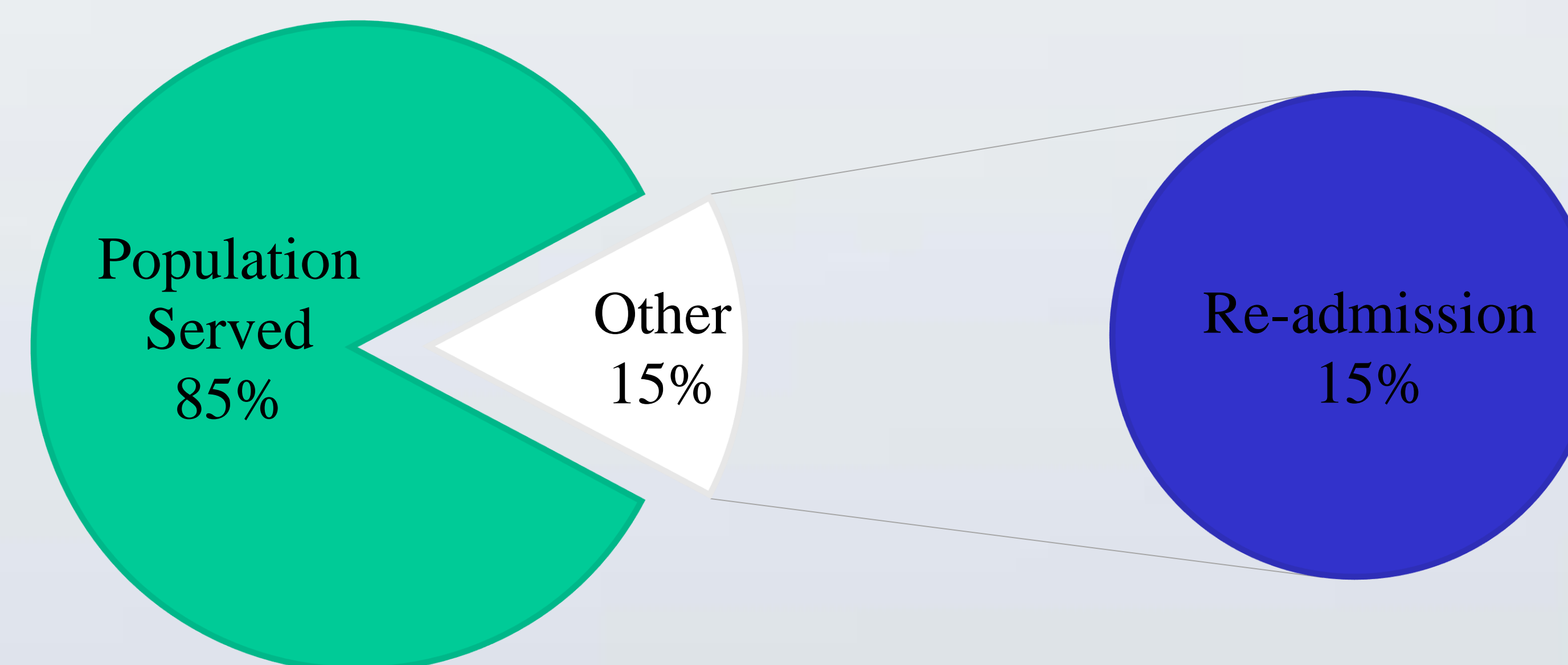
- ❖ The program outcomes were measured by successful program completion, re-admission to AMIOP, referral to a Residential Treatment Facility (RTF) during or after AMIOP, sobriety maintained for 6 months post program completion, continued engagement in a 12-Step community support program after AMIOP, continued SUDCC outpatient aftercare.

PROJECT RESULTS

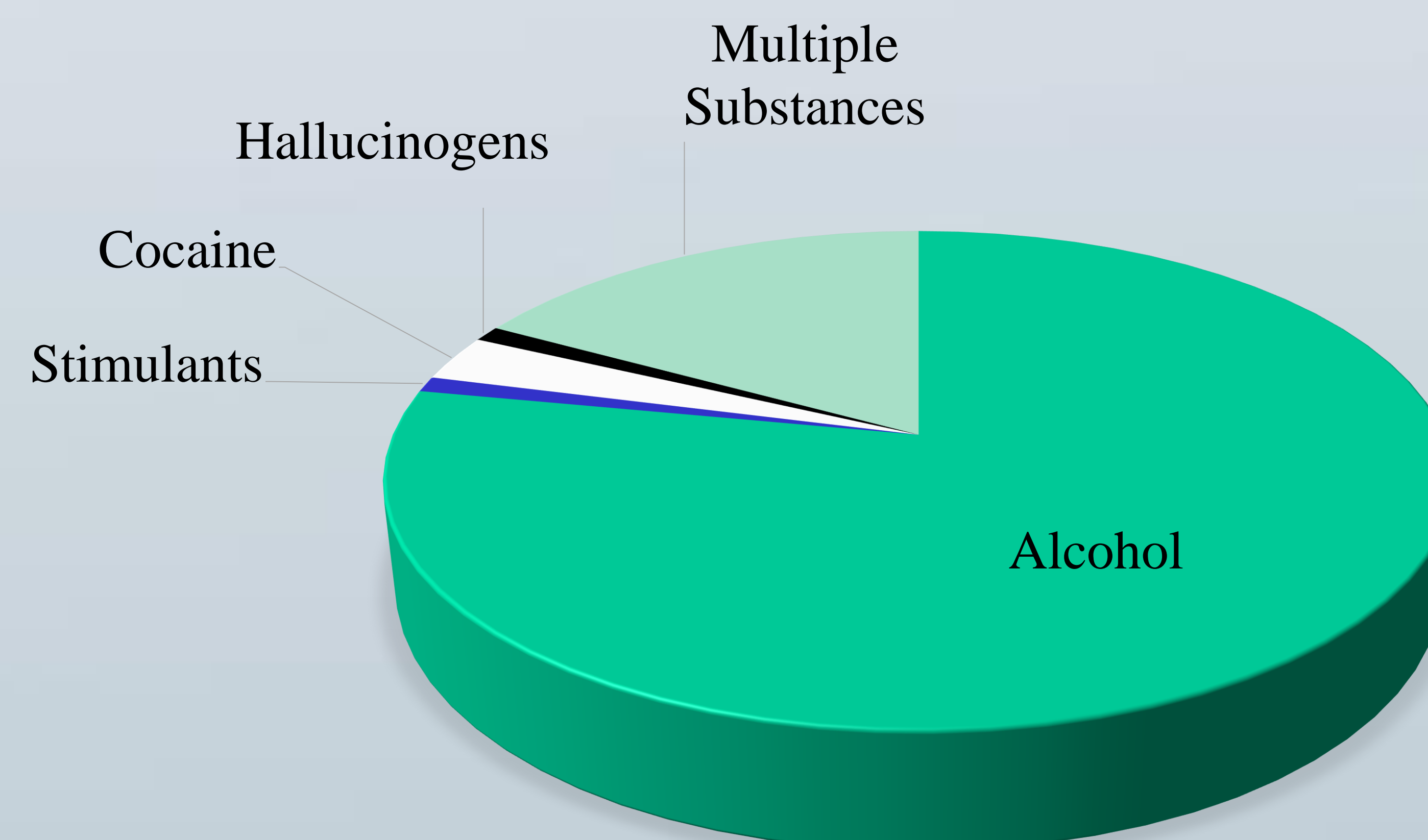
COMPLETION RATE



READMISSION TO AMIOP



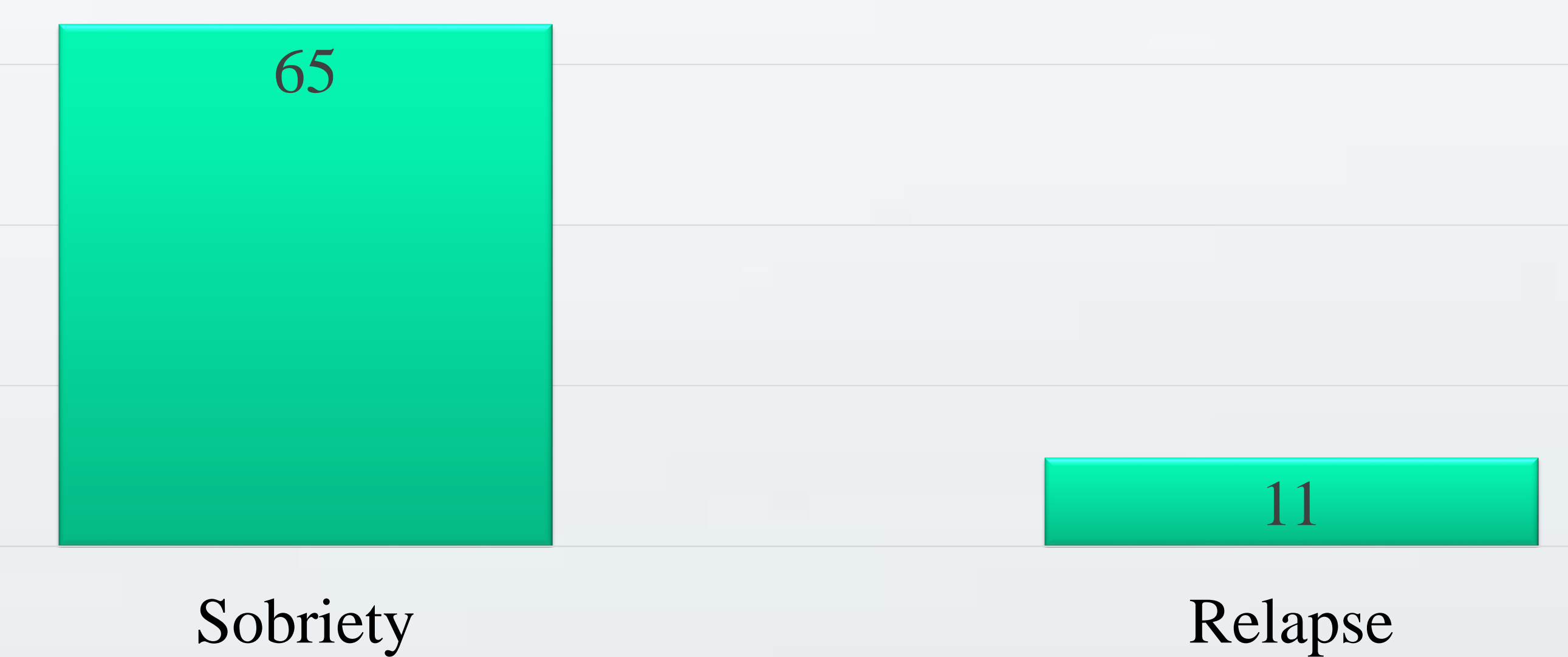
SUBSTANCES USED



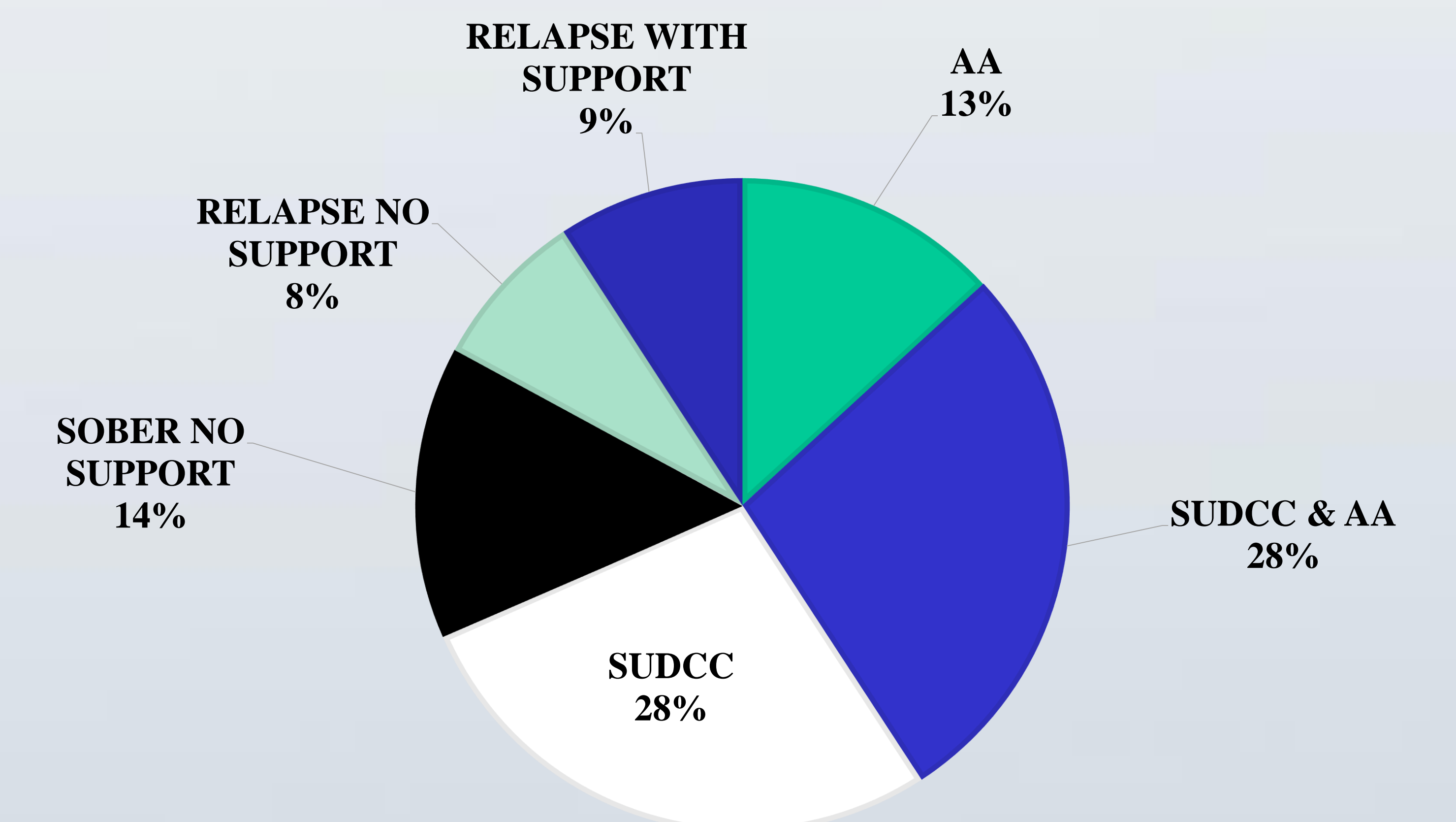
ANALYSIS OF THE RESULTS

- ❖ 58% of active duty service members maintained self-reported sobriety for at least 6 months post program completion positively influencing quality of life and mission readiness.
- ❖ AMIOP/PHP level treatment versus residential treatment resulted in a cost savings of over \$7 million Dollars for the Department of Defense (DOD).

6 MONTHS POST TREATMENT COMPLETION



SOBRIETY/RELAPSE



CLINICAL RELEVANCE

- ❖ The result of this program evaluation provides significant and exciting opportunities for further research and review of AMIOP implementation and utilization throughout the DOD.

DIRECTION FOR PRACTICE

- ❖ Enhance existing AMIOPs with a Co-Occurring Disorder track for improved patient outcome.
- ❖ Identify how the length of treatment correlates with successful outcomes comparing 4 week AMIOP level to 6 week AMPHP level treatment.